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**TITLE OF THE ARTICLE IN THE ORIGINAL LANGUAGE AND IN ENGLISH (IF THE ORIGINAL LANGUAGE IS ENGLISH, IT MUST ALSO BE IN ANOTHER LANGUAGE ACCEPTED BY THE JOURNAL)**

[Garamond, 14 pt., uppercase, centre, bold]

**Abstract**.

The abstract should be a maximum of 200 words, in the original language and in English (if the original language is English, it should also be in one of the other languages accepted by the journal). Wherever possible, it should follow the IMRD format (Introduction, Methodology, Results and Discussion). [Garamond, 12 pt., justified alignment, single spacing]

**Key words**.

Between 4 - 6 words in the original language and in English (If the original language is English, they must also be in another of the languages accepted by the journal), separated by commas. It is recommended that they come from the Thesaurus. [Garamond, 12 pt., initial in capital letters, justified alignment, single spacing]

## 1. Section title. [Garamond, 12 pt., bold, lower case, initial in capital letters, justified alignment, 1.5 line spacing]

Text content in Garamond 12 pt., first line indent 1.25 cm. Non-bold, justified alignment, 1.5 line spacing.

**1.1. Title of the subheading.** [Garamond, 12 pt., bold, lower case, initial in capital letters, justified alignment, 1.5 line spacing]

Text content in Garamond 12 pt., first line indent 1.25 cm. Non-bold, justified alignment, 1.5 line spacing.

## 2. Section title. [Garamond, 12 pt., bold, lower case, initial in capital letters, justified alignment, 1.5 line spacing]

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(**DO NOT** leave blank lines before a main paragraph)

**Note:** Use this bullet style

* First level list item
* First level list item
	+ Second level list item
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**Table model.** Use **only** this colour combination. All tables, figures, graphs, charts, images... must have a numbered title and source, in 10 pt., centred. They must follow APA 7th edition (Tables: <https://normas-apa.org/estructura/tablas/> - Figures: <https://normas-apa.org/estructura/figuras/>)

**Table 1.**

Table title

|  |  |  |
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| Text | Text | Text |
| Text | Text | Text |
| Text | Text | Text |

Source: xxxxxxxxxxxxxxxxxxxxx

**Figure 1.**

Figure title



Source: xxxxxxxxxxxxxxxxxxxxx

**Quotations** of more than 40 words must be in 10 point font, indented and without quotation marks.

**Notes**, if any, should be placed at the bottom of the page, in 10 point type, numbered consecutively and single spaced.

## Bibliographical references.

## (APA 7th edition is used. <https://guiasbib.upo.es/APA_edicion_actualizada>

## All bibliographic references with a DOI code must include the DOI code without exception. It is recommended that bibliographic references include the full name of the cited author to make it clear whether the author is male or female).

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